



Building Flourishing Communities is spreading the information about how to help our children grow up with strong, addiction-resistant brains, the ability to build meaningful relationships, focus on their work and remain calm under stress.

“I would have looked at my students differently if I had known this when I was teaching.”

A comment from an attendee at Aldrich Public Library, Barre, April 10, 2018

Building Flourishing Communities takes the important information about early childhood development to Vermonters. This proven public health model engages average Vermonters in discussion and action to address the factors that lead to poor health outcomes and much of the difficulty so many have in succeeding at work and in family life. We are creating an enduring vision of flourishing communities and the actions to achieve them.

There are 32 Building Flourishing Communities Facilitators guiding Learning Events in all regions of Vermont to increase awareness about how early, overwhelming and/or threatening experiences can lead to later poor health and well-being. The BFC Facilitators are generating interest and excitement about the potential for change through conversations based in N.E.A.R. research:

- ◆ Neuroscience— early brain development and adaptations to experience
- ◆ Epigenetics— how our environment influences gene expression
- ◆ ACEs research study – makes the connections to later outcomes clear
- ◆ Resilience – research shows that even those who have been deeply affected by adversity can become more resilient and flourish, and those with resilience withstand life’s challenges better

Once we have created broad general knowledge and understanding across the state, the BFC Facilitators will then assist local leaders to determine next steps. Experience shows that when community members have an opportunity to lead, local projects are more likely to focus on narrowing the gaps between those with the greatest challenges and those with more advantages. This approach reduces early, overwhelming events, increases resilience and leads to flourishing.

In Washington State where this model was developed, child welfare costs decreased by \$27.9 million. Public services costs due to early childhood adversity were reduced by \$120 million annually. For an average yearly investment of \$3.4 million in small, local grants for community-driven projects; **for every dollar spent, \$35 were saved.**

A list of the Building Flourishing Communities Facilitators follows

<i>District</i>	<i>Master Trainer</i>	<i>Contact information</i>
Barre	Daniela Caserta, Family Center of Washington County	danielac@fcwcv.org 802-262-3292
	Beth Ann Maier, Pediatrician	kidmd@hotmail.com 802-793-4234
	David Sanguinetti, retired, former CPA w/National Life	davesangvt@outlook.com 802-249-2871
	Priscilla White, DCF, Child Victim Treatment Director	priscilla.white@vermont.gov 802-760-8574
	Kelly Young, Academic Coordinator, Community College of VT	kelly.young@ccv.edu 802-828-0131
Bennington	Katie Aiken, Respite Services Mgr., United Counseling Services	Kaiken@ucsvt.org 802-442-5491
	Lavonne Freeman	Lavonne2@outlook.com 518-390-7629
Brattleboro	Tracy Binet-Perrin, Counselor, Green Street School	tbperrin@wsesu.org 802-254-3737
	Amy Goldberg, Dept. for Children & Families, Economic Services	amy.goldberg@vermont.gov 802-490-0918
Burlington	Currently vacant: Contact Priscilla White	Priscilla.White@vermont.gov 802/760-8574
Hartford	Stacy Boynton, 4 Corners Children's Center	stacy.e.boynton@gmail.com 802-299-1821
	Cynthia Collea, Dist. Social Worker, Mascoma Valley Reg.	c.collea@comcast.net 603-727-8896
	Jeff Spiegel, retired Superintendent	jeffoire@yahoo.com 802-439-5339
	Ellen Taetzsch, Building Bright Futures	etaetzsch@buildingbrightfutures.org 802-376-1014
	Abby Tassel, WISE (domestic violence services)	abbytassel@gmail.com 802-291-2991
Lamoille	Jeff Boudreau, Teacher/Behavior Coach, Lamoille S. Supervisory	boudreau_j@yahoo.com 603-340-3409
	Bili Dunham, Community College of VT	Billi.dunham@ccv.edu 802-751-9285
	Jeff Hunsberger, Youth Program Manager, Lamoille Family Ctr.	jhunsberger@lamoillefamilycenter.org 802-730-4033
	Tricia Long, Resilience Beyond Incarceration, Lamoille Restorative Ctr.	tlong@lrcvt.org 802-793-7687
Middlebury	Jody Brakeley, MD (pediatrician)	drjodybrakeley@gmail.com 802-989-7332
Newport	Lisa Daigle-Farney, Ready, Set, Grow Childcare	farney_46@yahoo.com 802-673-5884
	Michelle Maitri-Mudita, NE Kingdom Learning Services	michelle.maitri-mudita@neksvt.org 802-334-2735
	Colleen Moore de Ortiz, Public Health Nurse, Dept. of Health	colleen.mooredeortiz@vermont.gov 802-334-4384
	Julie Raboin, VT Dept of Health	julie.raboin@vermont.gov 802-334-4391
Rutland	Caprice Hover, Exec. Director, United Way of Rutland County	caprice@uwrutlandcounty.org 802-773-7477
	Chris Hultquist, Exec. Director, The Mentor Connector	chris@mentorconnector.com 802-775-3434 ext. 2
St. Albans	Mary Pickener, Substance Abuse Prevention, Dept. of Health	mary.pickener@vermont.gov 802-524-7918
	Samantha Thomas, NW Counseling and Support Services	sthamas@ncssinc.org 802-393-6584
St. Johnsbury	Martha Braithwaite, Ctr. for an Agricultural Economy	marthabraithwaite@gmail.com 802-323-6763
	Kari White, Dir. of Quality Initiatives, N. Counties Health Care	kariw@nchcvt.org 802-748-9405 ext. 1517
Springfield	Lindsay Mack, Health Care & Rehab. Serv./Springfield Med. Care S	lmack@springfieldmed.org 802-886-8998
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